

## **ENVIRONMENTAL POLLUTION AND HEALTH**

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### **ABSTRACT**

The situation as is appears today shows that the main cause of pollution is the uncontrolled development of the cities and the road transport network making, in this way, the vehicle the main source of the pollution. The environmental degradation causes various impacts such as psychological and social problems, effects on healthy living and alimentation. The measures we can take for the confrontation of the pollution is the lessening of congestion of the Capital and its re-establishment, Region development and strengthening of the Local Authority and also traffic regulations which will promote the use of public transports instead of private vehicles thus decreasing emitted pollutants. Our suggestions for the confrontation of this situation have a social and political dimension and therefore Governmental and non-Governmental organizations, in the framework of continuous development, must take initiatives with the simultaneous information and consent of the local societies making our environment "man-friendly" which, in the end, is for the benefit of mankind's decent survival on this planet.